

The Kindness Cube



Leader's Guide

Aim of the session

Encourage children to explore different ways to perform acts of kindness in their daily lives.

Materials needed

- Kindness cub & activities worksheets (1 per child)
- Coloured pens/pencils
- Glue & Scissors



Instructions for the Kindness Cube

Explain to the children that the outline on their worksheet makes a dice they can use to choose an act of kindness for that day.

The worksheet has 5 step instructions:

1. Colour in your cube
2. Cut along the solid lines
3. Fold on the dashed lines and glue sides
4. Write down daily tasks for each category (using the "Kindness cube activities" worksheet)

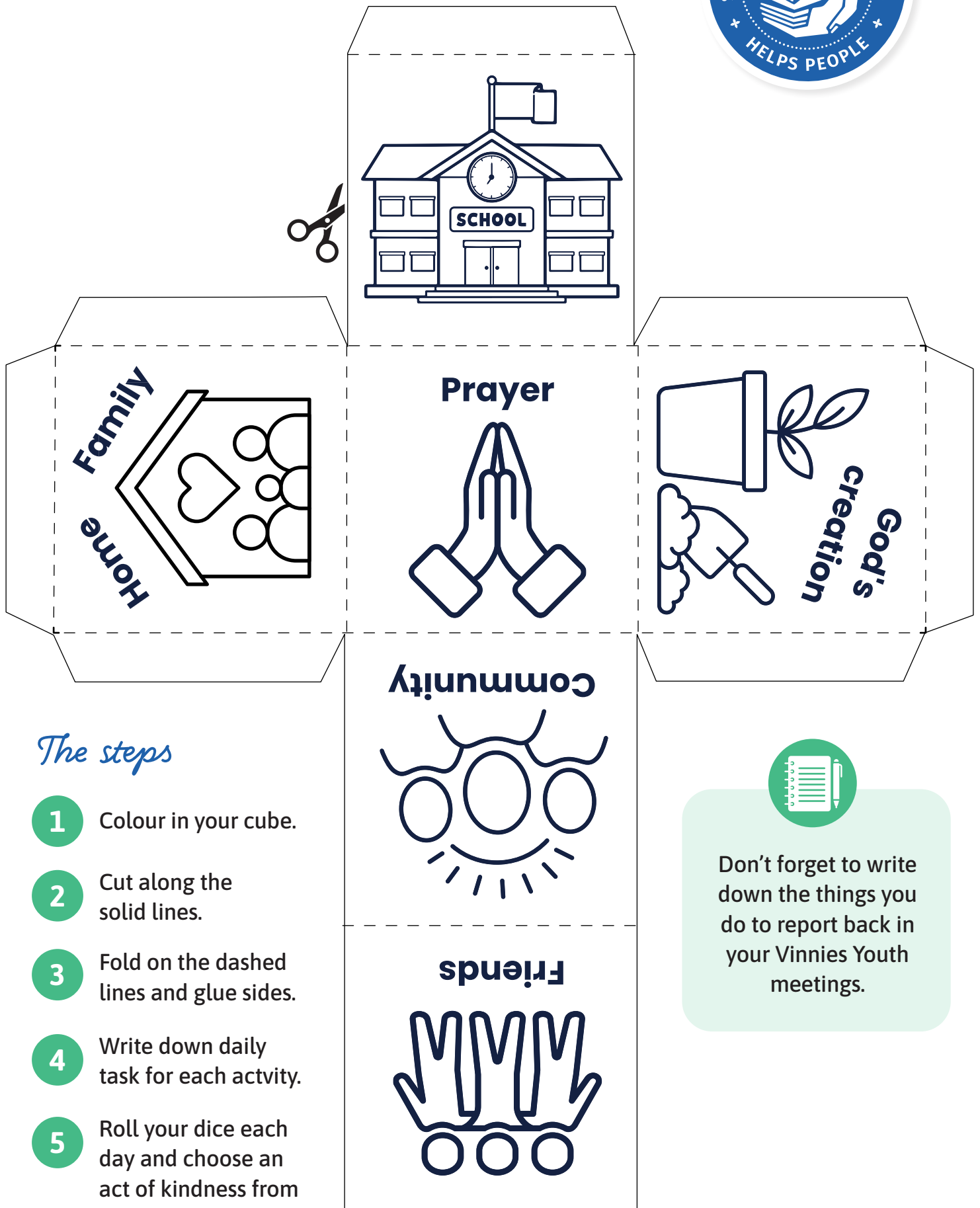
Roll your dice each day and choose an act of kindness from your list.

To conclude:

Tell the children: "Don't forget to write down the things you do to report back in your Vinnies Youth meetings."



Kindness Cube



The steps

- 1 Colour in your cube.
- 2 Cut along the solid lines.
- 3 Fold on the dashed lines and glue sides.
- 4 Write down daily task for each activity.
- 5 Roll your dice each day and choose an act of kindness from your list.

VINNIES YOUTH

Kindness Cube Activities

Name:

Class:



1.
2.
3.

Write down 3 kind things you can do at school and in the classroom.



1.
2.
3.

Write down 3 kind things you can do at home and for your family.



1.
2.
3.

Write down 3 kind things you can do to take care of God's earth.



Community

1.
2.
3.

Write down 3 kind things you can do to help in your community.



Friends

1.
2.
3.

Write down 3 kind things you can do for your friends.



Prayer

1.
2.
3.

Write down 3 things/people you would like to pray for.