

Following in the footsteps of Christ

**Aim of session:**

- To reflect on the places they identified in the second meeting where help might be needed.
- To think about what help might be needed in those places and come up with ideas of possible projects.
- Consider what Jesus would do in these areas where help is needed.

What you will need:

- *Following in the footsteps of Christ* worksheet (1 copy per child)
- Copy of scripture: John 13: 1-20 (Ideally, the Children's Bible)
- The map of the local area that the children made in Session 2
- Pens and pencils
- *Minutes of the Meeting* template for the Secretary (see website)

Procedure:

The President starts the meeting with the opening prayer from the handbook. Invite the children to read the story of Jesus washing his disciples' feet as today's reflection - John 13:1-20.

Some things to think about and discuss:

- *Why did Jesus wash his disciples' feet?* In these times, the washing of guests' feet was usually carried out by servants, but Jesus wanted to show his disciples that we should serve each other and not think of ourselves as greater than others.
- *Why didn't he ask a servant to do this?* Because he wanted to set an example to his friends.
- *How do you think they felt?* Shocked. This isn't what they were used to. what they did in their session.

ACTIVITY

Bring back the map of the community that the children made in the last meeting. Think about who might need help in each of the places they identified, and talk about what Jesus would do if he were here today in person. Remind the children that we are showing Jesus to others in the act of kindness we do. We are walking in the footsteps of Christ.



Following in the footsteps of Christ

**Procedure continued:**

- Give out the worksheet to each Vinnies Youth member. They can write some ideas down for each place they identified and share these with the group.
- Before the end of the meeting, as a group, decide what their first call to action will be from their list.
- Ensure the Secretary has taken down the minutes of the meeting and confirm when the next meeting will be.
- The President can close the meeting with a prayer. Why not focus on help in reaching out to those in need.

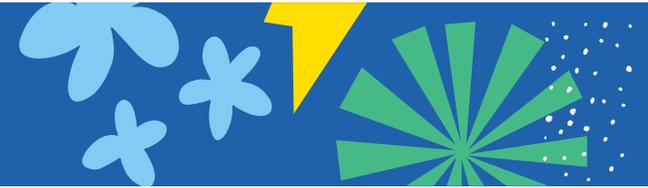
Sample prayer

Holy Spirit, be with us as we reach out to those in need. Father, we can do nothing without you, so be in our hearts, minds, words and actions this day. Lord, help us to recognise you in the people we help and in those we meet.
Amen.



Worksheet

FOLLOWING IN THE FOOTSTEPS OF CHRIST



Think about the 5 places you identified in your last meeting where your help might be needed. What would Jesus do to help? Write your ideas in the footprints below.



“I, your Lord and Teacher, have washed your feet. So you also should wash each other’s feet. I did this as an example for you. So you should do as I have done for you.”

