

St Vincent de Paul: The Saint behind SVDP

**Aim of session:**

- To have a good understanding of the life of Saint Vincent de Paul.

What you will need:

- *The life of St Vincent de Paul* presentation
- *St Vincent de Paul* worksheet
- Pens and pencils
- *Minutes of the Meeting* template for the Secretary (see website)
- A reading or reflection chosen by one of the children related to helping the poor.

Procedure:

- The President starts the meeting with an opening prayer. This could be from the Vinnies Youth Handbook.
- One of the children shares the reflection chosen for this meeting. You could reflect on a quote from St Vincent de Paul from the slides and gather some thoughts and feelings about it.
- Discuss what acts of kindness they have been doing since the last meeting. Ensure minutes are being taken by the Secretary.
- Explain to the children that during this meeting they are going to learn a little bit more about the life of St Vincent de Paul as he is the patron of charities and volunteers.
- Show the children the presentation and get them to comment on his life.
- The children can complete their worksheet, which they could display on the Vinnies Youth board, or stick into a scrap book that documents their time in Vinnies Youth.
- St Vincent de Paul tells us about the importance of kindness towards others and friendship. This week's call to action is to make friendship prayer cards. The children should decide as a group who these could be made for.
- The President brings the meeting to an end with a closing prayer.
- Don't forget to schedule in the next meeting.

St Vincent de Paul *Worksheet*



Artwork: Lena London

ST VINCENT DE PAUL
PATRON SAINT OF:



[Empty dashed green box for writing the patron saint]

FEAST DAY:



[Empty dashed green box for writing the feast day]

INTERESTING
FACTS:



[Empty dashed green box for writing interesting facts]

Friendship prayer card *Activity*



Artwork: Lena London

FRIENDSHIP PRAYER

Thank you God for my friend...

[Dotted box for writing a name]

is a wonderful friend because...

[Dotted box for writing reasons]

[Large dotted box for writing a prayer]

Be close to my friend, Lord, as your friendship is the greatest.

Amen

“Let us live together in great charity and friendliness.”

- **St Vincent de Paul**



Instruction:

Cut the card out. Fold down the dotted line and glue the inside to create a double sided prayer card.

